

Refugio ISD
School Health Advisory Council (SHAC) Meeting
November 7, 2018

Welcome: Meeting started at 4:10pm.

Introduction of Members, Guests, and Staff: Vilma Ramirez, CNA; Amy Waer, 6th grade teacher/parent; Lisa Herring, Refugio ISD Business Manager/parent; Chris Hawthorne, teacher/admin at HS; Paige Meisner, reading specialist at elementary; Cindy Strauch, 1st grade teacher; Tonya Williams, 3rd grade teacher; Angelica Galvan, Elementary Counselor; Araceli Rivera, RISD Food Services; Twyla Thomas, Elementary Principal; and Emilee Cox, RN District Nurse.

Needs for our Children/Health Schedule: Emilee Cox, RN opened the meeting by going over the health related activities planned for the students for the rest of the year. November 13th will be spinal rescreens, having already completed hearing, vision, and the first round of spinal screens. The 1st grade students will plan to visit Dr. Rainey the Dentist in January. We will have Lacey from Refuge of Hope come to speak to our 7th and 8th grade students in January about abstinence and making good choices. We will have South Texas Family Planning clinic come in February to provide free MCV4, HPV, and Tdap vaccinations to our Juniors, Seniors, and 6th grade students. We will have a puberty talk using the Always Changing Always Growing Up program for the 5th and 6th grades in January or February. Emilee Cox, RN then opened the discussion to the group and asked for their input on any health needs she could try to address to the students. Lisa Herring mentioned that we were chosen as one of three counties to receive mental health help through Region 3 and that it is in the works right now. Ms. Meisner mentioned she thought cyber safety would be a good topic. Emilee Cox, RN and Chris Hawthorne mentioned 5th-12th grades had just received a good cyber safety talk from the Department of Homeland Security. Emilee Cox, RN mentioned recently we have had a lot of hygiene issues recently at the elementary and she mentioned on trying to create a little hygiene program for all ages.

Food Allergy preparation/ Peanut Free Zone: Emilee Cox, RN brought up the idea to the group of creating a nut free zone in the cafeteria to help reduce risk of exposure. Emilee explained that it could work in a variety of ways. We could have a separate table set up, or have the end of one of the long tables set up. We would have a sign set up on the table stating nut free zone and it would require a separate bucket and rag to wipe that section of the table that does not come into contact with the other portion of the table. This would require monitoring from the lunch monitors to be sure that no one sitting with the student in the nut free zone be allowed to have any products containing nuts. Mrs. Strauch brought up that it would be hard to get everyone on board to do this correctly. Araceli Rivera, Food Services did mention that the cafeteria is not a nut free cafeteria. Mrs. Strauch brought up that maybe get a doctors note before we start the process to be sure they have a legitimate allergy. Emilee Cox, RN agreed and states that she would talk with parents prior to starting this process and get forms signed

from them, and it would be in their food allergy action plan. Mrs Galvan brought up if this would need to become 504 and Emilee stated yes it would fall under 504 accommodations as well. This topic was left up in the air and will be worked on for the future.

Meeting Adjourned: 4:34pm.