

## Refugio ISD

### School Health Advisory Council (SHAC) Meeting

May 10, 2017

**Welcome:** Meeting Started at 05:32 PM. Mary Martinez RN asked for approval of the April 10, 2017 minutes. Mr. Jack Gaskins called for motion to approve with Paige Meissner providing the second. Minutes approved.

**Introduction of Members, Guests, and Staff Present:** Jack Gaskins, Superintendent of Schools; Twyla Thomas, Elementary Principal; Molly Kay, Paige Meissner, Elementary Reading Specialist; Tonya Williams, Elementary 3<sup>rd</sup> Grade Teacher; Maria Rocha, Community Parent; Renee Waldron BA, ACPS-AYUDA, Guest Speaker; Mary Martinez, JH and HS Nurse.

**Guest Speaker:** Renee Waldron BA, ACPS-AYUDA Program gave a presentation on Social media and Youth: What You Should Know. After a distribution pamphlet titled Youth and Risky Behavior Online was reviewed, online gaming was discussed. Renee discussed how 50% of people were posting personal information with 35% placing strangers on their buddy list, 45% were interacting with online strangers and 26% were sending strangers their personal information. She added how posting personal information could be very dangerous especially if playing online gaming. She stressed the importance of parents and family members being aware of when their children are online gaming with and who they play with. Renee discussed how teenage trends can be very dangerous when their risky behavior goes viral and becomes part of their social norm. She reviewed various games such as “The Blue Whale Challenge and Dark Net/Deep Web, and advised that parents, adults, and teachers be vigilant of all children and to report any suspicious activity. Renee discussed social media and how it added a new level to bullying through Facebook, Instagram, twitter, etc.. She discussed how younger kids now had cell phones. Renee stressed the importance of educating kids on not giving personal information, not getting on inappropriate websites, and to let a parent or teacher know if something worried or makes them feel uncomfortable. Renee discussed the importance of having a concrete safety school curriculum to educate kids on the dangers of social media. She stated how we need to be proactive and not reactive. Renee issued a one sheet information sheet called “Play it S.M.A.R.T. online that could be handed out to parents and older students as a way to educate them about social media.

**Next SHAC Meeting:** November 2017

**Meeting adjourned:** @06:11

