

School Health Advisory Council

The goal of the Refugio Independent School District School Health Advisory Council is “To provide a safe and nurturing learning environment whereby all students gain a sense of self-worth and develop and maintain lifelong healthy behaviors”.

To achieve this goal, the RISD School Health Advisory Council will engage in ongoing review, discussion and recommendations for comprehensive school health education programs to include:

- Promoting quality health education programs
- Modeling and encouraging the achievement of lifelong physical fitness
- Enhancing school health services
- Encouraging and providing healthful nutrition
- Supporting social and emotional well-being
- Creating safe and positive learning environments
- Promoting faculty and staff wellness
- Encouraging school, family, and community involvement

The RISD School Health Advisory Council meets 2-4 times a year in the Refugio Elementary School Workroom. The meetings are put on the district calendar on the RISD website and advertised on the district marquee. In order to put an item on the agenda, you need to contact Jamie Steele at 361-526-4844 at least a week before the meeting. The agendas and minutes of the SHAC meetings are posted on the district website after each meeting.

District Policies

Student Welfare

Wellness & Health Services
Policy

[FFA \(Local\)](#)

Physical Activity Policy

[EHAB \(Legal\)](#) [EHAC \(Legal\)](#)

Tobacco Products Policy

[FNCD \(Legal\)](#) [DH \(Legal\)](#) [DH \(Local\)](#) [GKA \(Legal\)](#)

SHAC Policy

[BDF \(Legal\)](#) [EHAA \(Legal\)](#)